



Raising awareness for frailty and fall prevention through lifelong learning

Open Online Introductory Course on Novel Biomechanical Technologies for Assessment of Frailty and Prevention of Falls in the Elderly.

Who is teaching the course

The course results from the collaboration between Instituto Superior Técnico (IST) and Faculty of Human Kinetics (FMH), both from University of Lisbon (ULisboa) the Institute of Biomechanics of Valencia (IBV), the Instituto Nacional de Reposo and Healing by Anziani (INRCA) and the European General Practice Research Network (EGPRN).



Project Title of the full course

“Fall in Age: Innovative Training for Technology-based Frailty and Falls Management”



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<http://fallinage.tecnico.ulisboa.pt/>

Partners



Co-funded by the Erasmus+ Programme of the European Union

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EGPRN

EUROPEAN GENERAL PRACTICE
RESEARCH NETWORK



Thursday 8
October 2020

Fall-in-Age

Innovative Training
for Technology-based Frailty
and Falls Management

Introductory Online Course

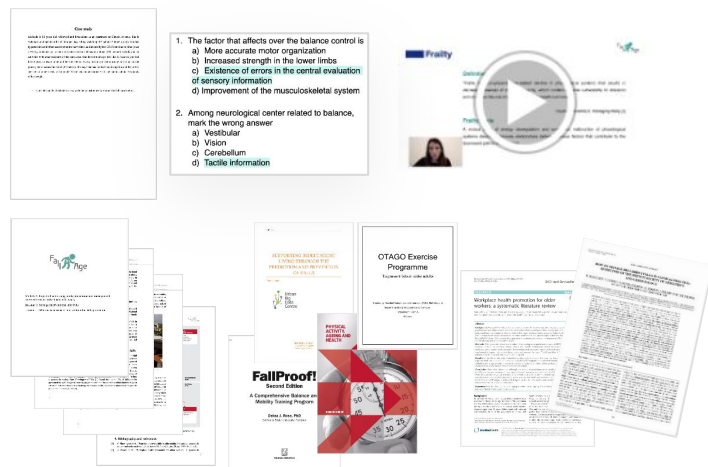
Who is the target

Fall in Age is an ERASMUS + project that aims to develop and implement an online open course **for students, primary care professionals** (family doctors and nurses), **specialists in geriatrics and gerontology, senior training specialists**, and **rehabilitation, occupational medicine and health professionals.**

Introductory online Course

This introductory online course will provide participants with an insight into the **full course**. For information on the **full course** please click on the link below:

<https://campus.ibv.org/course/view.php?id=371§ion=0>



Programme

19:00 Introduction to the course and to the Fall in Age Project.

Shlomo Vinker

19:15 Frailty and Sarcopenia. **Thomas Frese**

19:35 Risk factors and prevention. **Ferdinando Petrazzuoli**

19:55 Break

20:10 Biomechanical aspects related to functional deterioration, frailty and falls.

José María Baydal Bertomeu

20:40 Active aging and functional capability surveillance.

Ferdinando Petrazzuoli

21:00 Final Evaluation



Technology to support older adults and improve the quality of life.

Faculty

Shlomo Vinker

EGPRN Executive Board and chair of the Educational Committee
President Elect, WONCA Europe
Chairman, Dep. of Family Medicine and Vice Dean, Sackler Faculty of Medicine, Tel Aviv University

Ferdinando Petrazzuoli

EGPRN Educational Committee
Center for Primary Health Care Research, Department of Clinical Sciences in Malmö, Lund University, Malmö, Sweden

Thomas Frese

EGPRN Honorary Secretary & Wonca Liaison
Institute of General Practice and Family Medicine, Medical Faculty, Martin-Luther-University Halle-Wittenberg

José María Baydal Bertomeu

Instituto de Biomecanica de Valencia (IBV)